Our Lady Star of the Sea Parish

38 Herbert Street Gladstone Qld 4680

19th Sunday in Ordinary Time Year A — 9 August 2026

PARISH OFFICE AND CONTACTS

Phone: (07) 4972 1025

Email: sosgladstone@rok.catholic.net.au

Website: www.sosgladstone.org.au

sosparishgladstone

PARISH OFFICE HOURS

Monday | CLOSED
Tuesday | 9am - 1pm
Wednesday | 9am - 12pm
Thursday | 9am - 4pm
Friday | 9am - 4pm

PARISH TEAM

Parish Priest
Fr Andrew Chase

Assistant Priest
Fr Peter Doherty

Parish Secretary | Admin
Emma May

Faith Co-Ordinator | Admin
Hayley Lanzon

Finance Officer
Helen Oram

OUR PARISH INCLUDES THE COMMUNITIES OF:

Agnes Water
Calliope
Gladstone
Miriam Vale
Mount Larcom
Tannum Sands
Ubobo

PARISH SCHOOLS

St Francis (Tannum Sands)
(07) 4973 3600

St John Baptist (Gladstone)
(07) 4978 1799

Star of the Sea (Gladstone)
(07) 4972 1305

Chanel College (Gladstone)
(07) 4973 4700

LITURGIES THIS WEEK

WEEKDAY MASSES:

Tuesday 11 August: Star of the Sea | 5:30pm
Wednesday 12 August: Star of the Sea | 7:00am
Thursday 13 August: Chanel College | 10:40am
Friday 14 August: Star of the Sea | 9:00am

SUNDAY MASSES

Saturday 15 August *Solemnity of the Assumption ~ see inside Bulletin for Mass Times*
St Peter Chanel, Tannum Sands | 5:00pm

Sunday 16 August
Star of the Sea, Gladstone | 8:00am and 6:00pm
St Mary's, Ubobo | 11:00am
St Agnes, Agnes Water | 11:00am *Liturgy of the Word with Holy Communion*

SACRAMENT OF PENANCE (RECONCILIATION)

Saturday 15 August
Star of the Sea, Gladstone | 8:30am to 9:20am
St Peter Chanel, Tannum Sands | 4:15pm to 4:45pm

EXPOSITION OF THE BLESSED SACRAMENT

Saturday 15 August
Star of the Sea, Gladstone | 8:30am to 9:20am

Did you know?

THE DAILY EXAMEN

Did you know that one of the simplest prayers taught by St Ignatius of Loyola can be prayed in ten minutes? It is called the Examen, and it is a gentle way of looking back over the day with God.

The Examen is not an examination in which we give ourselves a mark. Nor is it only a search for faults. It is a prayerful conversation in which we notice where God has been present, how we have responded, and what may need healing or change.

A simple Examen can follow five steps:

- ◊ First, become aware of God's presence. Pause, become still, and ask the Holy Spirit to help you see the day as God sees it.
- ◊ Second, give thanks. Recall the gifts of the day: a conversation, a kindness, a meal, a completed task, or a quiet moment.
- ◊ Third, review the day. Slowly remember what happened. Notice your feelings, reactions and choices. When did you experience peace, joy or generosity? When did you feel troubled, impatient or discouraged?
- ◊ Fourth, ask for forgiveness. Speak honestly with God about the moments when you failed to love. Trust in his mercy rather than becoming discouraged.
- ◊ Finally, look towards tomorrow. Ask God for the grace you need for the coming day and consider one practical way you can respond.

The Examen helps us discover that God is not absent from ordinary life. He meets us in conversations, work, family, disappointments, laughter and silence. Practised regularly, this prayer can make us more grateful, honest and attentive to the movements of God each day.

Fr Peter

MASS TIMES FOR THE SOLEMNITY OF THE ASSUMPTION

Friday | 14 August (Vigil)

◊ St Peter Chanel, Tannum Sands | 6:00pm

Saturday | 15 August

◊ Star of the Sea, Gladstone | 7:30am

◊ St Patrick's, Calliope | 8:30am

◊ Star of the Sea, Gladstone | 10:30am

DIOCESAN CATHOLIC CHARISMATIC RENEWAL CONFERENCE

You are warmly invited to a powerful weekend of renewal, encounter and mission at the Diocesan Catholic Charismatic Renewal Conference. From 6pm **Friday 28 August** to 1pm **Sunday 30 August** at Our Lady's Hall, The Cathedral College, Rockhampton QLD.

Guest Speaker will be **Fr Steve Fletcher**, Moderator of the Missionaries of God's Love. You can expect a Spirit filled experience of praise, worship, teaching, prayer and healing. Net Teams from Brisbane and Rockhampton will be attending the Conference.

Families are encouraged to attend - Children's Ministry with activities will be available throughout the conference.

To register visit - https://www.trybooking.com/events/landing/1569770

MIGRANT JUBILEE CROSS

To mark the Jubilee of Migrants in October 2025, the Australia Catholic Bishops Conference commissioned the migrant jubilee cross to travel on pilgrimage throughout the 28 dioceses of Australia. The cross was created as a symbol to honour the faith, resilience, and contributions of migrant communities across the country. The cross is crafted from Australian timber and is set on a boat-shaped base, symbolising migration and journey. It also contains relics of the Holy Family and of St Mary of the Cross Mackillop.

The migrant cross will be present in our parish on **Friday 28 August.**

If you would like to help with the planning of a simple prayer ritual in the presence of the cross, please contact Suzanne Manhertz via the Parish Office P: 49721025 or E: sosgladstone@rok.catholic.net.au

BECOMING CATHOLIC | RCIA

Our parish RCIA meetings are about to begin again from **Thursday 20 August 2026**. The RCIA is the Catholic journey towards baptism as an adult and involves regular meetings to discuss and learn about our Church's beliefs in Jesus Christ.

If you (or someone you know) would like to explore becoming a Catholic we would love to have you join us. Please contact the Parish Office on Ph: 4972 1025 or Email: sosgladstone@rok.catholic.net.au for more information.

PARISH OFFICE CLOSURE

PLEASE NOTE: The Parish Office will be closed this week on **Wednesday 12 August 2026**.

If you require assistance please phone the Parish Office and follow to prompts to leave a message.

Ph: 07 4972 1025

Alternatively you can email the office with your enquiry or message

Email: sosgladstone@rok.catholic.net.au

EUCHARIST28 UPDATE: ETERNAL LIFE IN THE EUCHARIST

The International Eucharistic Congress in Sydney in 2028 ('Eucharist28') will be a global gathering of the Church centred on the Eucharist, the source and summit of our Christian lives, culminating in a Papal Mass with Pope Leo XIV. It will be a festival of faith, rich with worship, prayer, testimonies, art, music – a truly 'once in a lifetime' experience, and a transformative moment for our nation.

Fan into Flame

~ Resources for growing your Faith ~

Parish Library

'The 7 Habits of Highly Effective Families'

by Stephen Covey

Stephen Covey extends his life's work on organisations to society's most challenging area, the family, with practical examples of how to strengthen the most vital relationship of all.
(Tom Curley, President and Publisher, USA Today)

~ Bookcase 1 | Bookshelf 1 ~

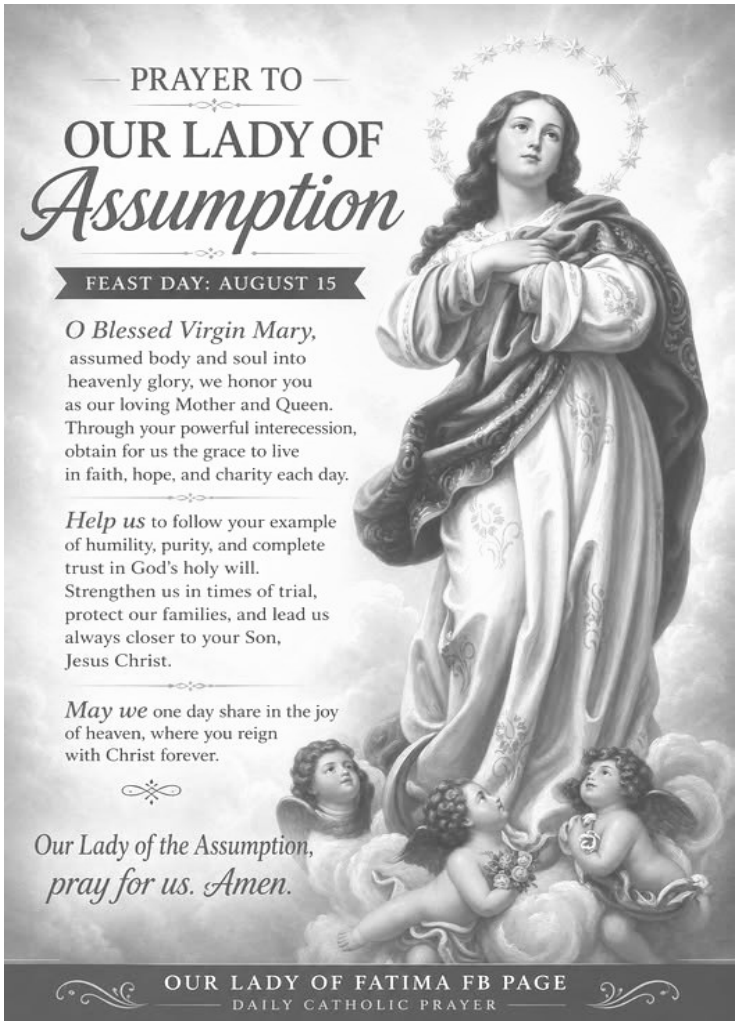
Online Video | 33 mins

'Eucharistic Mystery - Unity Across Time and Space'

by Parousia Media

Unpack the Mass which makes the fruit of Christ's sacrifice available to us today. This conversation offers comfort by highlighting the objective reality of the sacraments, no matter how we feel. Discover how the Eucharist connects us to the global church, the souls in purgatory, and the heavenly liturgy, serving as both the source and summit of our faith.

https://youtu.be/wrL5ZrBMICs?si=VNEkGJRkVXHM7de5



NEW LIFE CHARISMATIC PRAYER MEETING

Prayer meetings are held fortnightly. The next meeting will be held on **17 August** at 6:30pm in the Parish Hall | Herbert Street, Gladstone

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Prayer meetings offer a welcoming space for people to deepen their spiritual lives and encounter the love of God in a meaningful way. Praise is central to Catholic Charismatic Renewal and reflects the wider Catholic tradition, where praise is woven through liturgy, song and prayer.

If you have any enquiries please contact

Maryanne Shaw | 0409 898 895

Kim Swadling | 0412 626 619

Source ~ https://www.ccr.org.au/item/2-what-is-a-charismatic-prayer-meeting

CENACLE PRAYER GROUP GATHERING

✧ All Welcome | Every Wednesday 9am ✧

Margaret Swadling's Home | 35 Heritage Drive, Telina

If you have any enquiries please contact

Kim Swadling | 0412 626 619

BIBLE STUDY AND MEDITATION

Bible Study and Luncheon Meditation is held every Tuesday at the Parish Centre.

✧ **We meet from 11:00am - 12:00pm on Tuesdays at the Parish Office** ✧

✧ **Meditation will also be held each week at 12:30pm in the Parish Chapel** ✧

READINGS NEXT WEEKEND

20th Sunday in Ordinary Time | Year A

First Reading

◊ Isaiah 56: 1, 6-7

Second Reading

◊ Romans 11: 13-15, 29-32

Gospel

◊ Matthew 15: 21-28

Readings for Mass today?

Scan this QR code with your smart phone

We acknowledge the Gooreng Gooreng, Bailai, Gurang, and Taribelang Bunda people, traditional custodians of what we now call Gladstone.

DIOCESAN MONTHLY NEWSLETTER To view:
rok.catholic.net.au/news-events/bishops-newsletter

STAR OF THE SEA LITURGY ROSTER

16 August 2026

Readers:
8:00am: S. Smith, N. Mhuka
6:00pm: A. Borbon, J Pepito

Co-Ordinator:
8:00am: A. Platt
6:00pm: J. Duhau

Minister of Holy Communion:
8:00am: **Body:** H. Vale, K. Swadling
Blood: S. Nagy, E. Nagy
6:00pm: **Body:** S. Thetford
Blood: J. Mullane, S. Meiring

Data Projector:
8:00am: E. Fernandes
6:00pm: A. Fairweather

Altar Servers:
8:00am: Erohubie Family
6:00pm Thetford Family

Church Cleaners: P. Todd, L. Keating

PRAYER INTENTIONS

For our recently deceased Sisters and Brothers

Fr John Hayes, Wendy Tomlin, Carolin Rita Mariasoosay, Wayne Murkens, Brendan Maguire, Trevor O'Brien

For others who have died

Joyce Bartlett, Cedric Spanos, Sybil Field, George Hansen, Estrella Gaviola, Jesus Gaviola, Lydia Octava, Wilfredo Octava, Felix Lopez, Nondy & Lourdes Lozapa, Nestor Canete Nestor Cortez, Remedios Lopez, Peter & Kalene Griffiths

For those we love who are ill and frail

Tony Gibb, Eli Colin Vale, Ron O'Brien, Noon Family, John & Joy Massingham, Brian Booxson, Evie Trenamen, Patricia Lynch, Nicole Knox, Julian Watkins, Christopher Marra, Dolly O'Sing, Jacque Rive, Cedric Philps, John Walker, Dorothy Thompson, John Judge, Timothy Howard, Justin Nelson, Amanda Ward, Paul Van der List, Stacey Eccles, Rosemary Ross, Gizella Laurance, Gizella Andrews, Henry Seal, George Nagy, Salude Marshman, Henry Norman, Joanne Pond, Gerard Watts, Rosie Baravilala, Silvia Walker, Craig Jenkinson, Linda Benz, Julieanne Jarram, Anita Tanna, Peter Vale, Robyn Cavellerie, Joe Mobbs, Tom Walker, Jill Neill, Wayne Burrows, Joe Ariens, Jan Domoney, Ida Liddell

MANAGING COMPLAINTS IN THE DIOCESE OF ROCKHAMPTON

The Catholic Diocese of Rockhampton abides by the principles of the *National Catholic Safeguarding Standards* (2022), and is committed to Safeguarding Children and Adults at Risk. For further information or support, or to voice a concern, please contact the *Diocesan Professional Standards and Safeguarding Office:*
Response Line: 1800 830 113 (free call) or
Email: pssoadmin@rok.catholic.net.au

WEEKLY LITURGY SCHEDULE OTHER THAN STAR OF THE SEA CHURCH

St Peter Chanel, Tannum Sands
- 5:00pm Saturday Vigil Mass 1st, 3rd, and 5th Sunday of the month
- 8:00am Liturgy of the Word with Communion 2nd & 4th Sunday

St Patrick's, Calliope
- 5:00pm Saturday Vigil Mass 2nd & 4th Sunday of the month

Our Lady of Mount Carmel, Mount Larcom
- 11:00am Mass 1st Sunday of the month

St Peter Chanel, Miriam Vale
- 11:00am Mass 2nd Sunday of the month

St Mary's, Ubobo
- 11:00am Mass 3rd Sunday of the month

St Agnes, Agnes Water
- 11:00am Mass 4th Sunday of the month
- Liturgy of the Word with Communion on the 1st & 3rd Sundays at 11:00am

RECONCILIATION

Star of the Sea
- 8:30am - 9:20am Saturday

St Peter Chanel (Tannum Sands) & St Patrick's (Calliope)
- 4:15pm - 4:45pm (*before Vigil Mass*)

BAPTISMS

Star of the Sea Church: 1st & 2nd Saturday 9:45am

Other Mass Communities ~ *Available on request*

Bookings are essential. Parents are to take part in a baptism preparation class held on the 1st Sunday of the month in the Parish Hall at 9:15am, 38 Herbert St Gladstone.

ROSARY

Star of the Sea Church
- Saturdays 9:30am

St Peter Chanel Church
- Each Wednesday 10:00am

Parish Centre Chapel
- 3rd Thursday of the month 9:45am

MEDITATION

Star of the Sea—Tuesday, Parish Chapel 12:30pm

You can manage your own financial contribution to the parish by scanning this code with your smart phone.

✧ Thank you for your support ✧